





Autumn/Winter

Menu WK 1

# Iles Kitchen

Week 1	Hot main	Meat Free choice	Vegetables	Dessert
Monday 	Pizza & Wedges	Jacket Potato with Choice of Fillings	Baked Beans Salad Coleslaw	Lemon Drizzle Cupcakes
Tuesday 	Chicken Stir Fry	Chinese Veggie Noodles	Salad Coleslaw	Apple/Pear Crumble and Custard
Thursday 	Roast Pork, Roast Potatoes, Stuffing & Gravy	Quorn Fillet Roast	Carrots Green beans Peas	Fruit Cheesecake
Friday 	Fish & Chips	Veggie Burger & Chips	Beans    Salad Peas    Coleslaw	Chocolate Brownie and Custard

**Available Daily:**

**Jacket Potatoes**





**Fresh Fruit**

**Yoghurt**

Autumn/Winter

Menu WK 2

# Iles Kitchen

Week 1	Hot main	Meat Free choice	Vegetables	Dessert
Monday 	Toad in the Hole	Veggie Toad in the Hole	Mixed Vegetables Salad Coleslaw	Chocolate Chip Cookies and Custard
Tuesday 	Spaghetti Bolognese and Garlic Bread	Veggie Bolognese and Garlic Bread	Salad Coleslaw	Apple, Carrots and Yoghurt Muffins and Custard
Thursday 	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Quorn Fillet Roast	Carrots/Swede Cabbage Peas	Chocolate Cake with Mint Sauce
Friday 	Fish & Chips	Veggie Burger & Chips	Beans      Salad Peas        Coleslaw	Oat Cookies with Fruit and Custard

**Available Daily:**

**Jacket Potatoes**

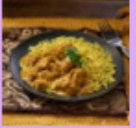



**Fresh Fruit**

**Yoghurt**

Autumn/Winter

Menu WK 3

# Iles Kitchen

Week 3	Hot main	Meat Free choice	Vegetables	Dessert
Monday 	Chicken Korma, Rice Poppadom	Quorn Korma, Rice Poppadom	Mixed Vegetables Salad Coleslaw	Dorset Apple Cake and Custard
Tuesday 	Beef Lasagne and Garlic Bread	Quorn Hotdogs with Onions	Peas Salad Coleslaw	Chocolate Eclairs
Thursday 	Roast Gammon, Roast Potatoes and Gravy	Quorn Fillet Roast Potatoes and Gravy	Carrots Cauliflower Cheese Peas	Banoffee Tray Bake and Custard
Friday 	Fish & Chips	Quorn Dippers & Chips	Beans Peas Salad Coleslaw	Ginger Cake and Custard

**Available Daily:**

**Jacket Potatoes**

**Fresh Fruit**

**Yoghurt**